

## MY LEADERSHIP JOURNEY

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## AGENDA

- Introduction/Key Objectives
- Leadership styles
- Next steps/goals.



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## NATURAL LEADERSHIP TENDENCIES

Beneficence  
Nonmaleficence,  
Autonomy,  
Justice,  
Veracity  
Fidelity

American Occupational Therapy Association [AOTA], 2020.

These principles not only shape OT but shape values that leaders need to possess.





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**LEADERSHIP EXPERIENCES**

- Exposure as a school based OT
- Increase in responsibility
- Ethical foundation shaped by OT values
- Growth shaped by experiences



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**TYPES OF LEADERSHIP STYLES THAT I HOPE TO ADOPT**

- Servant Leadership
- Focus on empathy, stewardship, supporting growth
- Alignment with OT ethics
- Transformational Leadership
- Inspiring change
- Creating shared vision
- Promoting autonomy
- Transactional Leadership
- Structure, expectations, accountability
- Important for clarity and productivity

Dunbar & Winston 2022



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**PRIMARILY SERVANT LEADER STRONG ELEMENTS OF TRANSFORMATIONAL LEADERSHIP**

- Emphasis on supporting others
- Collaboration over control
- Strengths: empathy, communication, relationship building

Dunbar & Winston 2022

**WHAT LEADERSHIP STYLES THAT COMPLEMENT MY LEARNING STYLES**



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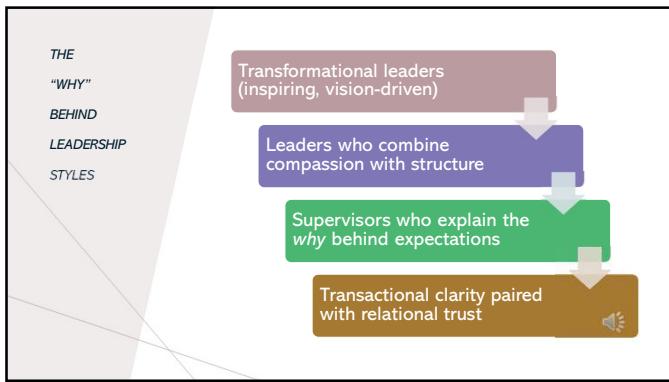
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**My Leadership Goals**

**Shortterm goals**

Mentors

Identify a mentor that has leadership styles that you want to acquire

Determine next steps and when/how to meet with mentor

**Implementation and Accountability**

Begin practicing with mentor

Request feedback from colleagues and supervisors

Evaluate progress quarterly

Assess goal yearly to determine next steps

**Training & Education**

Attend leadership or conflict resolution workshop

Find books, podcasts and videos on subject

Engage in OT ethics courses to enhance knowledge

**Skill Practice & Reflection**

Self-reflect after practicing leadership scenarios

Practice with video/audio to critique self and feedback

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**LONG TERM GOALS**

Integrate	Integrate servant, transformational, and transactional strengths
Commit	Commit to ongoing ethical leadership
Focus on	Focus on self-awareness and continuous learning

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**CONCLUSION**

- Reflection

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## REFERENCES

American Occupational Therapy Association. (2020). AOTA 2020 Occupational therapy code of ethics. American Journal of Occupational Therapy, 74(Suppl. 3), 7413410005

Dunbar, S., & Winston, K. (2022). An occupational perspective on leadership: Theoretical and practical dimensions (2nd ed.). SLACK Incorporated

